

# February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Little Buddies Playgroup 9:30-11:30 Little Picasso 1:00-4:00	<div style="border: 1px solid black; padding: 5px;"> <b>Family Swim at THEC</b>                      11:00-12:00  <b>FREE FOR EarlyON MEMBERS</b> </div>
3	4 Drop in 9:30-11:30 Little Buddies Water Safety Club 1:30-2:30	5 Tiny Scientist Sessions 9:30-11:30 Drop in 5:00-7:00	6 Learn, Play Imagine 9:30-11:30	7 Tucker the Turtle 10:00-11:30 MANAGING EMOTIONS <b>SIGN UP REQUIRED</b>	8 Little Buddies Playgroup 9:30-11:30 Little Picasso 1:00-4:00	9 The Weekenders 9:30-11:30
10	11 Drop in 9:30-11:30 Little Buddies Water Safety Club 1:30-2:30	12 Tiny Scientist Sessions 9:30-11:30 Drop in 5:00-7:00	13 Learn, Play Imagine 9:30-11:30	14 Tucker the Turtle 10:00-11:30 MANAGING EMOTIONS <b>SIGN UP REQUIRED</b>	15 Little Buddies Playgroup 9:30-11:30 Little Picasso 1:00-4:00	16
17	18 CENTRE CLOSED FAMILY DAY	19 Tiny Scientist Sessions 9:30-11:30 Drop in 5:00-7:00	20 Learn, Play Imagine 9:30-11:30	21 Tucker the Turtle 10:00-11:30 MANAGING EMOTIONS <b>SIGN UP REQUIRED</b>	22 Happiness Outreach at Villa Minto 9:30-11:30 WE ARE EXPECTED AT 10:15	23 The Weekenders 9:30-11:30
24	25 Drop in 9:30-11:30 Little Picasso 1:00-4:00	26 Tiny Scientist Sessions 9:30-11:30 Drop in 5:00-7:00	27 Learn, Play Imagine 9:30-11:30	28 Tucker the Turtle 10:00-11:30 MANAGING EMOTIONS <b>SIGN UP REQUIRED</b>		

**HOURS OF OPERATION:**

MONDAY: 8:30AM – 4:30PM  
 TUESDAY: 8:30AM – 7:00PM  
 WEDNESDAY: 8:30AM – 4:30PM  
 THURSDAY: 8:30AM – 4:30PM  
 FRIDAY: 8:30AM – 4:30PM  
 SATURDAY: 9:00AM – NOON (2X/MONTH)

**Cochrane EarlyON  
 Child and Family  
 Centre**  
 435 Tenth Avenue  
 Cochrane Ontario  
 P0L1C0

**Contact us:**  
 (705) 272-6092  
 (705) 272-3030



@EarlyONCochrane



# février 2019

dimanche	lundi	mardi	mecredi	jeudi	vendredi	samedi
					<p>← 1</p> <p>Les p'tits copains 9h30-11h30 P'tits Picasso 1:00-4:00</p>	<p>Nage gratuite pour familles 11h00-12h00 <b>POUR LES MEMBRES de ON Y VA</b></p>
3	4 Programme ouvert 9h30-11h30 P'tits copains club nautique 1:30-2:30	5 La petite session scientifique 9h30-11h30 Programme ouverte 5h00-7h00	6 Apprendre, jouer, imaginer 9h30-11h30	7 Tucker la Tortue 10h00-11h30 Parlons des émotions <b>INSCRIVEZ-VOUS</b>	8 Les p'tits copains 9h30-11h30 P'tits Picasso 1:00-4:00	9 Les Weekenders 9h30-11h30
10	11 Programme ouvert 9h30-11h30 P'tits copains club nautique 1:30-2:30	12 La petite session scientifique 9h30-11h30 Programme ouverte 5h00-7h00	13 Apprendre, jouer, imaginer 9h30-11h30	14 Tucker la Tortue 10h00-11h30 Parlons des émotions <b>INSCRIVEZ-VOUS</b>	15 Les p'tits copains 9h30-11h30 P'tits Picasso 1:00-4:00	16
17	18 CENTRE FERMÉE JOURNÉE de la FAMILLE	19 La petite session scientifique 9h30-11h30 Programme ouverte 5h00-7h00	20 Apprendre, jouer, imaginer 9h30-11h30	21 Tucker la Tortue 10h00-11h30 Parlons des émotions <b>INSCRIVEZ-VOUS</b>	22 Les p'tits copains à Villa Minto 9h30-11h30 (10h15)	23 Les Weekenders 9h30-11h30
24	25 Programme ouvert 9h30-11h30 P'tits Picasso 1:00-4:00	26 La petite session scientifique 9h30-11h30 Programme ouverte 5h00-7h00	27 Apprendre, jouer, imaginer 9h30-11h30	28 Tucker la Tortue 10h00-11h30 Parlons des émotions <b>INSCRIVEZ-VOUS</b>		

**HEURES D'OPÉRATION:**

LUNDI: 8:30AM – 4:30PM  
MARDI: 8:30AM – 7:00PM  
MERCREDI: 8:30AM – 4:30PM  
JEUDI: 8:30AM – 4:30PM  
VENDREDI: 8:30AM – 4:30PM

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**Centre pour l'enfant et la famille**  
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Cochrane Ontario  
P0L1C0

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Program / Programme	Description
<p>Little Buddies Playgroup (Drop in)</p>	<p>This program provides an opportunity for children to form friendships as they interact with each other through free play. It also provides an opportunity for parents to form connections with one another while being engaged with their children. Once a month we visit Villa Minto long-term care home to interact with the residents there.</p>
<p>The Weekenders (Drop in)</p>	<p>This program provides an opportunity for children to form friendships as they interact with each other through free play. Parents are able to form connections with one another while being engaged with their children.</p>
<p>Tiny Scientist Session (Drop in)</p>	<p>Tiny Scientist Sessions provide opportunities for scientific exploration. We recognize that children's early experiences can have a significant impact on later learning and during our sessions, we encourage participants to wonder and inquire, which allows them to take ownership over their own learning.</p>
<p>Learn Play Imagine (Drop in)</p>	<p>During this program, participants will take part in activities that encourage children to think about what they know, what they wonder about, and their working theories about the world around them.</p>
<p>Tucker the Turtle (Must register by <b>NOON</b> <b>February 1<sup>st</sup></b>)</p>	<p>Tucker the Turtle is a 4 session interactive program for parents/caregivers and children between 3 to 5 years old. Each week we will have conversations about feelings and offer techniques for children to help them manage their emotions. Children will learn assertiveness and self-regulation; these skills are an integral part of school readiness.</p>
<p>Little Buddies Playgroup (Drop in) Happiness Outreach (10 :15 at Villa Minto)</p>	<p>This program provides an opportunity for children to form friendships as they interact with each other through free play. It also provides an opportunity for parents to form connections with one another while being engaged with their children. Once a month we visit Villa Minto long-term care home to interact with the residents there.</p>
<p>Little Picasso (Drop in)</p>	<p>Little Picasso is an art program that provides opportunities for children and their families to create process artwork with a variety of art mediums. Through these positive interactions, parents with their children will experience the enjoyment of creative expression.</p>